

PURCHASE ITEMS WITH LESS PACKAGING



We can all reduce the amount of waste that we create by purchasing products with less packaging. It may take a little research or preparation, but you will feel good about your purchase once complete. Below is a list of ideas to reduce packaging.

TIPS TO REDUCE PACKAGING

- ♻️ Buy in Bulk – One large box of cereal produces less waste than several small boxes. You may save some money also.
- ♻️ Purchase products with the least amount of packaging. Is it wrapped in cellophane or in a box?
- ♻️ If you are not providing your own shopping bag when making purchases, opt not to take one if you are able to carry your items without a bag.
- ♻️ Use lunch boxes instead of brown bags for you and your family.
- ♻️ E-bills, e-statements online bill paying reduces paper.
- ♻️ Purchase products packaged with recyclable materials.
- ♻️ Avoid using disposable items such as paper plates, cups and eating utensils.
- ♻️ Use refillable razors instead of disposable.
- ♻️ Purchase fresh fruits instead of canned fruits or those packaged as individual servings.
- ♻️ Use products that are concentrated and use less packaging.
- ♻️ Reduce your trash by purchasing items that are refillable or returnable.
- ♻️ Use reusable gift bags instead of wrapping paper.
- ♻️ Take cloth or mesh shopping bags to the store instead of using paper or plastic.
- ♻️ Stop unwanted junk mail. You can register online to remove you name from junk mail lists.

